

Self reported health status



- Across all eight cities, the majority of respondents stated that their health was good or extremely good.
- Females, people living on low incomes, and people living on their own were more likely than others to state that their health was poor.

WHAT THIS IS ABOUT

Self reported health is a global measure of health. It is subjective and complements the findings from more objective and direct health outcome measures. This indicator has two measures, both of which are from the Eight Cities Quality of Life Survey 2002:

- Self reported health status
- Self reported health of lifestyle.

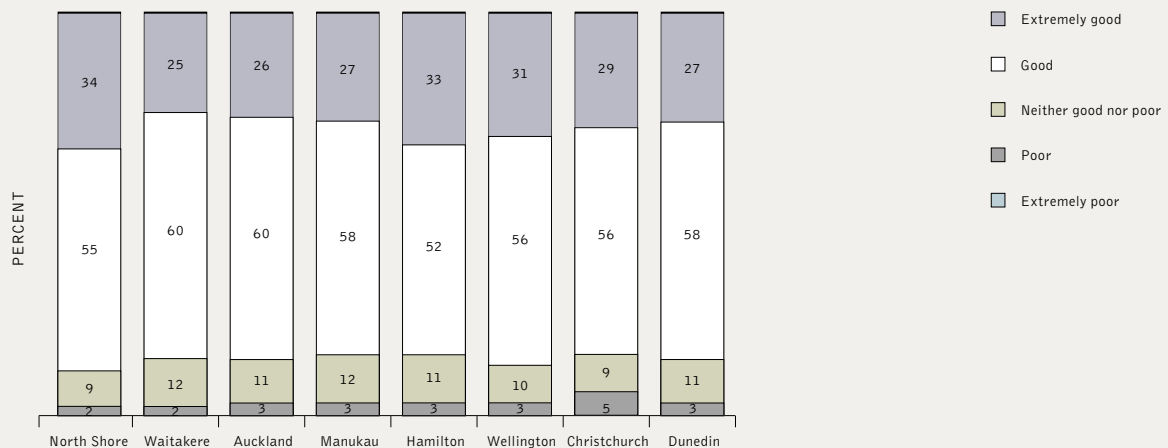
WHAT DID WE FIND?

Self reported health status

Across all eight cities, the majority of respondents stated that their health was 'good' or 'extremely good' overall. Low percentages stated that their health was poor - ranging from 3% to 6%. Some were significantly more likely than others to state that their health was poor or very poor - such as females, people living in single person households or non-family households, those living in a household that earns less than \$20,000 per year, and those not employed.

RESIDENTS' RATING OF OWN HEALTH (COMPARED TO OTHERS OF OWN AGE) (2002)

Data source: Eight Cities Quality of Life Survey 2002. 'Don't know' responses are not shown on the graph therefore figures might not add to 100 percent.



Self reported healthy lifestyle

Similar to findings for self reported health, the majority of survey respondents also stated that their lifestyle was healthy or very healthy. Very few respondents rated their lifestyle as unhealthy - approximately 4% across the cities.

Those significantly more likely to state that their lifestyle was unhealthy or very unhealthy were people aged 18 to 25 years (especially young men), those living in a household with more than five members, those living in a household that earns less than \$20,000 per year, and those on a personal income of less than \$20,000 per year.

PEOPLE
KNOWLEDGE AND SKILLS
ECONOMIC STANDARD OF LIVING
ECONOMIC DEVELOPMENT
HOUSING
HEALTH
NATURAL ENVIRONMENT
BUILT ENVIRONMENT
SAFETY
SOCIAL CONNECTEDNESS
CIVIL AND POLITICAL RIGHTS

Self reported health status

Continued...

RESIDENTS' RATING OF HEALTH OF THEIR LIFESTYLE (2002)

Data source: Eight Cities Quality of Life Survey 2002. 'Don't know' responses are not shown on the graph therefore figures might not add to 100 percent.

